

Protecting The Gift Keeping Children And Teenagers Safe And Parents Sane

Protecting the Gift Protecting the Gift Protecting the Gift If I Could Keep You Little... Fear Less [100 Provocative Statements about Protecting the Gift Keeping Kids Safe](#) A Gift Worth Keeping Just 2 Seconds The Gift [How to Keep Your Children Safe](#) kids are worth it! Horizontal Parenting Keeping Your Child in Mind [The Gift of Fear](#) [The Girl With All the Gifts](#) Protecting Your Child from Sexual Abuse The Children's Book of Keeping Safe [Off Limits The Cycle of the Gift](#) Raising Intuitive Children The Wonderful Things You Will Be [God's Gifts](#) Fair Play Jamie O'Rourke and the Big Potato This Is How We Do It [The Princess and the Kiss](#) Grown and Flown How to Be a Friend Parenting a Teen Girl The Highly Intuitive Child [Emily Post's The Gift of Good Manners](#) A Mother's Love [Destiny's Gift](#) Food to Grow On [Unsexed, Or, The Female Soldier](#) Atomic Habits Beauty Bites Beast [My Ideal Bookshelf](#) Rid of My Disgrace

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Destiny's Gift Dec 31 2019 *Destiny* loves words, and her favorite place in the world is Mrs. Wade's bookstore, where words abound.

Just 2 Seconds Feb 22 2022 Think of every assassination you've ever heard about. For most people, a few of these major ones come to mind: Caesar, Abraham Lincoln, John Kennedy, Martin Luther King, Mahatma Gandhi, Indira Gandhi, Anwar Sadat, John Lennon, Israel's Prime Minister Rabin, Pakistan's Benazir Bhutto. From start to finish, all of these attacks combined took place in less than one minute. And the hundreds of attacks studied for this book, all of them combined, took place in less than a half-hour. Those thirty minutes, surely the most influential in world history, offer important insights that can help today's protectors defeat tomorrow's attackers. This 650-Page Book Contains: An original work of new insights arising from ten years of research; The Five Essential Lessons for protectors; The Compendium - 400 pages of summarized attacks, near attacks, and incidents against at-risk persons all over the world from 1960-2007, more than 1400 entries; and the Appendices - More than 100 pages of additional material and resources.

The Gift of Fear Aug 19 2021 Explains how to use the power of intuition to identify and avoid danger, and shares advice on restraining orders and self-defense tactics

Keeping Kids Safe Apr 26 2022 Provides information on how to safeguard preschoolers through teenagers from emotional and physical harm, presenting eleven issues of concern that parents should focus on to keep children safe.

Protecting the Gift Oct 01 2022 Safety skills for children outside the home Warning signs of sexual abuse How to screen baby-sitters and choose schools Strategies for keeping teenagers safe from violence All parents face the same challenges when it comes to their children's safety: whom to trust, whom to distrust, what to believe, what to doubt, what to fear, and what not to fear. In this empowering book, Gavin de Becker, the nation's leading expert on predicting violent behavior and author of the monumental bestseller *The Gift of Fear*, offers practical new steps to enhance children's safety at every age level, giving you the tools you need to allow your kids freedom without losing sleep yourself. With daring and compassion, he shatters the widely held myths about danger and safety and helps parents find some certainty about life's highest-stakes questions: How can I know a baby-sitter won't turn out to be someone who harms my child? (see page 103) What should I ask child-care professionals when I interview them? (see page 137) What's the best way to prepare my child for walking to school alone? (see page 91) How can my child be safer at school? (see page 175) How can I spot sexual predators? (see page 148) What should I do if my child is lost in public? (see page 86) How can I teach my child about risk without causing too much fear? (see page 98) What must my teenage daughter know in order to be safe? (see page 191) What must my teenage son know in order to be safe? (see page 218) And finally, in the face of all these questions, how can I reduce the worrying? (see page 56)

A Mother's Love Jan 30 2020 When you are fast asleep, the angel in your family is hard at work to make your home a joyful and happy place.

Atomic Habits Sep 27 2019 The #1 New York Times bestseller. Over 4 million copies sold! *Tiny Changes, Remarkable Results* No matter your goals, *Atomic Habits* offers a proven framework for improving—every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: make time for new habits (even when life gets crazy); overcome a lack of motivation and willpower; design your environment to make success easier; get back on track when you fall off course; ...and much more. *Atomic Habits* will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits—whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal.

If I Could Keep You Little... Jul 30 2022 If I could keep you little, I'd keep you close to me. But then I'd miss you growing into who you're meant to be! *If I Could Keep You Little* speaks straight to every parent's heart, exploring the powerful feeling of wanting your child to grow up while savoring every moment. Sure to become a new favorite, this book showcases author/illustrator Marianne Richmond's ability to beautifully illustrate the complex emotions we all have.

Food to Grow On Nov 29 2019 The definitive guide to childhood nutrition, packed with practical advice to support you through pregnancy, and up until your little one starts school. *Food to Grow On* gives you the tools to confidently nourish your growing child, and set them up with a positive relationship with food for life. From the moment you know a baby is on the way, you want what's best for your child. Enter *Food to Grow On* to coach you through every stage of feeding your child in their early years of life. Laid out in an easy-to-navigate question and answer style, this book provides practical advice and support from Sarah Remmer and Cara Rosenbloom, two trusted dietitians (and moms). With an empathetic tone and hint of we've-been-there-too humor, *Food to Grow On* is packed with hard-earned parenting wisdom and the very latest research in pediatric nutrition, so you will feel supported, understood, and ready to help your child thrive. Included inside are answers to pressing questions like: • How often should I breastfeed or bottle-feed? • Should I spoon-feed or try baby-led weaning? • What do I need to know about raising a vegan child? • My toddler is a picky eater, what should I do? • How can I make school lunches my child will eat? Sarah and Cara's advice covers what to feed your child, but also dives deeper into how to feed your child. With this broad approach, you'll learn eating well is much more than just the food you serve. It's about cultivating positive experiences around food at every stage of your child's development, whether they're about to start solids or about to start school.

Horizontal Parenting Oct 21 2021 Need a break . . . now? *Horizontal Parenting* offers 50 hilarious and effective activities designed to entertain kids while you lie down. Children are exhausting! In the marathon of modern parenting, everyone needs a break—just 10 precious minutes to rest your body and tune out the chaos. Enter *Horizontal Parenting*, the super-simple parenting hack for everyone, everywhere. With creative and practical advice for

overworked parents and caretakers who "just need a minute," this book includes 50 fun, effective, and hilarious games to play with toddlers and children while lying down. Activities include: • What's on My Butt • Hide and Seek-ish • Don't Wake the Giant • Railroad to Relaxation • And many more! Relax and let your little ones release some energy while you catch your breath (and maybe a few even a few z's). All you need is a comfortable surface, a few household items, and your child's imagination, and you too can master the sanity-saving art of horizontal parenting. • 50 activities to keep your kids engaged and keep you lying down • Entertaining ideas for children and toddlers • No endless supply lists, screens, or batteries needed • Perfect for long days at home • Great gift for new (or seasoned!) parents Perfect for: parents, grandparents, aunts, uncles, and caretakers of kids ages 2+

Rid of My Disgrace Jun 24 2019 Helps adult victims of sexual assault move from brokenness to healing. This book outlines a theology of redemption and includes an application of how the disgrace of the cross can lead victims toward grace.

Keeping Your Child in Mind Sep 19 2021 Offers advice for tackling children's behavioral problems that involves empathy for a child's experience in each situation and appropriate responses that will help them control any strong emotions.

The Children's Book of Keeping Safe May 16 2021 Help your child to discover that the world is a happier place when they learn how to play safe and stay safe, inside and outside the home! Great re-usable stickers bring extra fun to every topic and encourage children to look at the pictures carefully, let

kids are worth it! Nov 21 2021 Barbara Coloroso's powerful message is that good parenting begins with treating kids with respect. It means giving them a sense of power in their own lives, and offering them opportunities to make decisions, take responsibility for their actions, and learn from their own successes and mistakes. Rejecting the "quick fix" solutions of punishment and reward, she uses everyday family situations from sibling rivalry to teenage rebellion to demonstrate sound strategies for giving children the inner discipline and self-confidence that will help them grow into responsible, resourceful, and resilient adults. Discover: • Three basic tenets to a good parent/child relationship • Why discipline is not learned through threats and bribes • Why teaching a child how to think instead of what to think builds self-confidence • The good news about the strong-willed child • Three alternatives to always saying "No" • How to buffer your children from the dangers of sexual promiscuity, drug abuse, and other self-destructive behavior • Using mealtime, bedtime, toilet-training, chores, allowance, and sibling rivalry as opportunities to help children develop their own sense of inner discipline

The Wonderful Things You Will Be Jan 12 2021 The New York Times bestseller that celebrates the dreams, acceptance, and love that parents have for their children . . . now and forever. This is the perfect heartfelt gift for any special occasion, from birthdays to graduations, and celebrating new babies and other new beginnings. From brave and bold to creative and clever, Emily Winfield Martin's rhythmic rhyme expresses all the loving things that parents think of when they look at their children. With beautiful, lush illustrations and a stunning gatefold that opens at the end, this is a book that families will love reading over and over. The Wonderful Things You Will Be has a loving and truthful message that will endure for lifetimes and makes a great gift to the ones you love for any occasion.

How to Be a Friend Jun 04 2020 Dinosaur characters illustrate the value of friends, how to make friends, and how to be and not to be a good friend.

Raising Intuitive Children Feb 10 2021 Helps parents validate the abilities of intuitive children, offering advice on determining whether a child is gifted, matching parenting styles with a child's needs, and helping children exercise their intelligence through rituals.

Jamie O'Rourke and the Big Potato Oct 09 2020 A hilarious read-aloud inspired by Irish folklore that's perfect for St. Patrick's Day, featuring colorful artwork in Tomie dePaola's signature style. Jamie O'Rourke is the laziest man in all of Ireland, far too lazy to help his wife on their farm. Then, after a chance encounter with a leprechaun, Jamie finds himself growing the biggest potato in the world. But what will happen when the potato grows too large for Jamie and the villagers to handle?

Protecting the Gift Aug 31 2022 A leading authority on human violence and author of *The Gift of Fear* shares practical advice on how parents can protect their children from being victimized, explains how to eliminate danger, and discusses such topics as school safety, teenage dating, and firearms. Tour.

Protecting the Gift Nov 02 2022 Safety skills for children outside the home Warning signs of sexual abuse How to screen baby-sitters and choose schools Strategies for keeping teenagers safe from violence All parents face the same challenges when it comes to their children's safety: whom to trust, whom to distrust, what to believe, what to doubt, what to fear, and what not to fear. In this empowering book, Gavin de Becker, the nation's leading expert on predicting violent behavior and author of the monumental bestseller *The Gift of Fear*, offers practical new steps to enhance children's safety at every age level, giving you the tools you need to allow your kids freedom without losing sleep yourself. With daring and compassion, he shatters the widely held myths about danger and safety and helps parents find some certainty about life's highest-stakes questions: How can I know a baby-sitter won't turn out to be someone who harms my child? (see page 103) What should I ask child-care professionals when I interview them? (see page 137) What's the best way to prepare my child for walking to school alone? (see page 91) How can my child be safer at school? (see page 175) How can I spot sexual predators? (see page 148) What should I do if my child is lost in public? (see page 86) How can I teach my child about risk without causing too much fear? (see page 98) What must my teenage daughter know in order to be safe? (see page 191) What must my teenage son know in order to be safe? (see page 218) And finally, in the face of all these questions, how can I reduce the worrying? (see page 56)

The Cycle of the Gift Mar 14 2021 A comprehensive guide to giving well to family members Giving is at the core of family life—and with current law allowing up to \$5,120,000 in tax-free gifts, at least through December 2012, the ultra-affluent are faced with the task of giving at perhaps largest scale in history. Beyond the tax saving and wealth management implications, giving to family members opens up a slew of thorny questions, the biggest of which is, "How do I prepare recipients of such large gifts?" With that question and others in mind, Hughes, Massenzio, and Whitaker have written *The Cycle of the Gift* in three main parts: "The Who of Giving," "The How of Giving," and "The What and Why of Giving." The first part focuses on the people most deeply involved in family giving, especially the recipients and givers (parents, grandparents, spouses, trustees). The second part, "The How of Giving," addresses the delicate balance of givers who want to maintain some level of control and recipients who want some level of freedom in accepting and growing their gifts. The final part, "The What and Why of Giving" describes various types of gifts, from money to business interests to values and rituals. The authors also introduce their "family bank" concept as a model that combines loans, trusts, and outright gifts. It embodies a framework and set of practices for long-term family growth. Even families without great wealth—or those who have already made large gifts to their children and grandchildren—can benefit from the human wisdom and practical advice found in *The Cycle of the Gift*.

The Gift Jan 24 2022 This practical and inspirational guide to healing from the award-winning, New York Times bestselling author of *The Choice* shows us how to stop destructive patterns and imprisoning thoughts to find freedom and enjoy life. Edith Eger's powerful first book *The Choice* told the story of her survival in the concentration camps, her escape, healing, and journey to freedom. Oprah Winfrey says, "I will be forever changed by Dr. Eger's story." Thousands of people around the world have written to Eger to tell her how *The Choice* moved them and inspired them to confront their own past and try to heal their pain; and to ask her to write another, more "how-to" book. Now, in *The Gift*, Eger expands on her message of healing and provides a hands-on guide that gently encourages us to change the thoughts and behaviors that may be keeping us imprisoned in the past. Eger explains that the worst prison she experienced is not the prison that Nazis put her in but the one she created for herself, the prison within her own mind. She describes the twelve most pervasive imprisoning beliefs she has known—including fear, grief, anger, secrets, stress, guilt, shame, and avoidance—and the tools she has discovered to deal with these universal challenges. Accompanied by stories from Eger's own life and the lives of her patients each chapter includes thought-provoking questions and takeaways, such as: -Would you like to be married to you? -Are you evolving or revolving? -You can't heal what you can't feel. Filled with empathy, insight, and humor, *The Gift* captures the vulnerability and common challenges we all face and provides encouragement and advice for breaking out of our personal prisons to find healing and enjoy life.

The Girl With All the Gifts Jul 18 2021 In the ruins of civilization, a young girl's kindness and capacity for love will either save humanity -- or wipe it out in this USA Today bestselling thriller Joss Whedon calls "heartfelt, remorseless, and painfully human." Melanie is a very special girl. Dr Caldwell calls her "our little genius." Every morning, Melanie waits in her cell to be collected for class. When they come for her, Sergeant keeps his gun pointed at her while two of his people strap her into the wheelchair. She thinks they don't like her. She jokes that she won't bite, but they don't laugh.

The Highly Intuitive Child Apr 02 2020 Provides guidance for raising intuitive children, including techniques to prevent sensory overload and reduce stress, advice on when and how to seek professional help, and how to minimize other every day challenges they face.

God's Gifts Dec 11 2020 Annabelle's Grandmother shares with her the story of how God created the beautiful world we live in. Then Annabelle herself discovers how she can play a part in keeping our world beautiful, as a way of showing her thanks for God's Gifts. This beautifully illustrated book teaches children not only the days of creation, but also to be thankful for all that God has given us, and that by taking care of the earth we are honoring Him.

100 Provocative Statements about Protecting the Gift May 28 2022 In this book, we have hand-picked the most sophisticated, unanticipated, absorbing (if not at times crackpot!), original and musing book reviews of "Protecting the Gift: Keeping Children and Teenagers Safe." Don't say we didn't warn you: these reviews are known to shock with their unconventionality or intimacy. Some may be startled by their biting sincerity; others may be spellbound by their unbridled flights of fantasy. Don't buy this book if: 1. You don't have nerves of steel. 2. You expect to get pregnant in the next five minutes. 3. You've heard it all.

Protecting Your Child from Sexual Abuse Jun 16 2021 A guide that empowers and equips us with the right knowledge and concrete strategies to curb sexual violence on our children. Sexual violence against our children is a real and everyday danger. Protecting them from the threat of sex predators is one of our top concerns and fears—for both parents and educators—as we send our sons and daughters off to school and play. Unfortunately, not many of us know the right way—or even how—to think about and address such a sensitive topic. *Protecting Your Child From Sexual Abuse* empowers parents by providing much needed knowledge about a subject that is hard for many to discuss, much less take action on. Seeking both to present the right information as well as dispel misconceptions based on unfounded fears, this guide presents comprehensive research and evidence in an accessible way, equipping guardians with practical solutions, concrete tools, and tangible skills designed to keep kids of all ages—from child to tween to teen—safe from sex crimes. Learn about the realities of child sex offenders, how online registries function, what threats and risks exist online, what to do if you suspect abuse, and how to develop open and honest communication with your children on these dangers. With easily digestible facts and figures, highlighted key points, and discussion group questions, *Protecting Your Child From Sexual Abuse* is a necessary guide for any parenting or community group to begin the conversation—and develop sexual violence prevention strategies in their communities that will make a difference.

Emily Post's The Gift of Good Manners Mar 02 2020 Manners, fundamental social skills for success in life, are among the greatest gifts parents can give. From self-respect and respect for others to knowing how to behave in public, this comprehensive, practical guide helps parents instill age-appropriate manners as their child's world expands from toddlerhood through the teen years. This is a must-have resource for every family.

Beauty Bites Beast Aug 26 2019 Looks at how family, religion, history, news and entertainment keep women thinking they are defenseless. Snortland contends that women are capable of defending themselves and their loved ones—if they learn how. She argues that is not the female's size, it is her culturally induced ignorance that makes her think she is helpless. Snortland offers a clarion call to all women to wake up and take charge of their own self-defense—both verbal and physical—and celebrates women (and kids) who fought back. —Adapted from publisher description.

How to Keep Your Children Safe Dec 23 2021 An invaluable new guide to child safety

The Princess and the Kiss Aug 07 2020 E4574E4620 - Intermediate Reproducible Coloring Book for home or classroom use.

This Is How We Do It Sep 07 2020 Follow the real lives of seven kids from Italy, Japan, Iran, India, Peru, Uganda, and Russia for a single day! In Japan Kei plays Freeze Tag, while in Uganda Daphine likes to jump rope. But while the way they play may differ, the shared rhythm of their days—and this one world we all share—unites them. This genuine exchange provides a window into traditions that may be different from our own as well as a mirror reflecting our common experiences. Inspired by his own travels, Matt Lamothe transports readers across the globe and back with this luminous and thoughtful picture book.

Parenting a Teen Girl May 04 2020 It's not easy to be a teen girl, and it's definitely not easy parenting one. Parents everywhere struggle to respond appropriately to challenging behavior, hit-or-miss communication, and fluctuating moods commonly exhibited by teenage girls. More than previous generations, today's teen girls face a daunting range of stressors that put them at risk for a range of serious issues, including self-harming behaviors, substance abuse, eating disorders, anxiety, and depression. Is it any wonder that parents are overwhelmed? *Parenting a Teen Girl* is a guide for busy parents who want bottom-line information and tips that make sense—and work. It also offers scripts to improve communication, and exercises to navigate stressful interactions with skill and compassion. Whether your teen girl is struggling with academic pressure, social difficulties, physical self-care, or technology overload, this book offers practical advice to help you connect with your teen girl. Parents and teens alike can enjoy a positive connection once common parent-teen pitfalls are replaced with solid understanding and strategies that work. In this book, you will learn how to:

- Maximize your teen's healthy development
- Understand what underlies her moods and behavior
- Implement strategies for positive results
- Communicate effectively about difficult issues
- Enjoy and appreciate time with your teen daughter

A Gift Worth Keeping Mar 26 2022 A Gift Worth Keeping is a whimsical story from the point of view of the fetus inside the womb. The baby's journey from conception to birth is highlighted through developmental milestones in conjunction with Biblical scriptures and conversations with her Creator throughout gestation.

Fair Play Nov 09 2020 AN INSTANT NEW YORK TIMES BESTSELLER A REESE'S BOOK CLUB PICK Tired, stressed, and in need of more help from your partner? Imagine running your household (and life!) in a new way... It started with the Sh*t I Do List. Tired of being the "shefault" parent responsible for all aspects of her busy household, Eve Rodsky counted up all the unpaid, invisible work she was doing for her family—and then sent that list to her husband, asking for things to change. His response was...underwhelming. Rodsky realized that simply identifying the issue of unequal labor on the home front wasn't enough: She needed a solution to this universal problem. Her sanity, identity, career, and marriage depended on it. The result is *Fair Play*: a time- and anxiety-saving system that offers couples a completely new way to divvy up domestic responsibilities. Rodsky interviewed more than five hundred men and women from all walks of life to figure out what the invisible work in a family actually entails and how to get it all done efficiently. With 4 easy-to-follow rules, 100 household tasks, and a series of conversation starters for you and your partner, *Fair Play* helps you prioritize what's important to your family and who should take the lead on every chore, from laundry to homework to dinner. "Winning" this game means rebalancing your home life, reigniting your relationship with your significant other, and reclaiming your Unicorn Space—the time to develop the skills and passions that keep you interested and interesting. Stop drowning in to-dos and lose some of that invisible workload that's pulling you down. Are you ready to try *Fair Play*? Let's deal you in.

Unsexed, Or, The Female Soldier Oct 28 2019 This work has been selected by scholars as being culturally important, and is part of the knowledge base of civilization as we know it. This work was reproduced from the original artifact, and remains as true to the original work as possible. Therefore, you will see the original copyright references, library stamps (as most of these works have been housed in our most important libraries around the world), and other notations in the work. This work is in the public domain in the United States of America, and possibly other nations. Within the United States, you may freely copy and distribute this work, as no entity (individual or corporate) has a copyright on the body of the work. As a reproduction of a historical artifact, this work may contain missing or blurred pages, poor pictures, errant marks, etc. Scholars believe, and we concur, that this work is important enough to be preserved, reproduced, and made generally available to the public. We appreciate your support of the preservation process, and thank you for being an important part of keeping this knowledge alive and relevant.

Grown and Flown Jul 06 2020 PARENTING NEVER ENDS. From the founders of the #1 site for parents of teens and young adults comes an essential guide for building strong relationships with your teens and preparing them to successfully launch into adulthood The high school and college years: an extended roller coaster of academics, friends, first loves, first break-ups, driver's ed, jobs, and everything in between. Kids are constantly changing and how we parent them must change, too. But how do we stay close as a family as our lives move apart? Enter the co-founders of *Grown and Flown*, Lisa Hefferman and Mary Dell Harrington. In the midst of guiding their own kids through this transition, they launched what has become the largest website and online community for parents of fifteen to twenty-five year olds. Now they've compiled new takeaways and fresh insights from all that they've learned into this handy, must-have guide. *Grown and Flown* is a one-stop resource for parenting teenagers, leading up to—and through—high school and those first years of independence. It covers everything from the monumental (how to let your kids go) to the mundane (how to shop for a dorm room). Organized by topic—such as academics, anxiety and mental health, college life—it features a combination of stories, advice from professionals, and practical sidebars. Consider this your parenting lifeline: an easy-to-use manual that offers support and perspective. *Grown and Flown* is required reading for anyone looking to raise an adult with whom you have an enduring, profound connection.

Off Limits Apr 14 2021

***My Ideal Bookshelf** Jul 26 2019* The books that we choose to keep -- let alone read -- can say a lot about who we are and how we see ourselves. In *My Ideal Bookshelf*, dozens of leading cultural figures share the books that matter to them most; books that define their dreams and ambitions and in many cases helped them find their way in the world. Contributors include Malcolm Gladwell, Thomas Keller, Michael Chabon, Alice Waters, James Patterson, Maira Kalman, Judd Apatow, Chuck Klosterman, Miranda July, Alex Ross, Nancy Pearl, David Chang, Patti Smith, Jennifer Egan, and Dave Eggers, among many others. With colorful and endearingly hand-rendered images of book spines by Jane Mount, and first-person commentary from all the contributors, this is a perfect gift for avid readers, writers, and all who have known the influence of a great book.

***Fear Less** Jun 28 2022* Gavin de Becker's landmark book *THE GIFT OF FEAR* showed millions of readers how to better protect themselves from violence and unwarranted fear. Now, in *FEAR LESS*, de Becker answers the questions many Americans have been asking since September 11th: Can air travel be safe? What is the risk of biological or chemical attack? Can the government detect and prevent future acts? How can we best talk to our children about what has happened and what might happen? What can we do to reduce fear and worry? What specific steps can we take to reduce terrorism? What are terrorists likely to do next? Most simply, is everything going to be all right? De Becker says, "Just as your imagination has placed you in frightening situations, it is now time to place yourself in empowering situations, time to see that you have a role to play, and contrary to so many TV news stories, it isn't just victim-in-waiting." *FEAR LESS* offers specific recommendations that can enhance our national security and our individual safety and help put fear into perspective. Nobody in the world understands risk and safety better than Gavin de Becker. At a time of uncertainty, terrorism, and a whole new set of rules, it is hard to imagine a more important, more reassuring, and more necessary book than *FEAR LESS*.

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